



TERRIGAL NIPPERS

“Skills for life in a fun, friendly and inclusive environment”

CLUB CONTACT INFORMATION

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Blues News: Our primary communication tool for members supplemented with periodic emails and text messages via surfguard

 “Terrigal Surf Life Saving Club” + “Terrigal Nippers”
 @terrighalslc

BOARD MEMBERS 2020 – 2021

President	Kevin Porter	president@terrighalsurfclub.com.au
Director of Life Saving	Paul Quick	lifesaving@terrighalsurfclub.com.au
Director of Competition	Joel Green	competition@terrighalsurfclub.com.au
Director of Education	Tim Pittolo	education@terrighalsurfclub.com.au
Director of Member Services	Julie Redfern	membership@terrighalsurfclub.com.au
Director of Junior Activities	Richard Green	nippers@terrighalsurdclub.com.au
Director of Sponsorship	Ben Hibbard	sponsorship@terrighalsurdclub.com.au
Director of Finance	Beris Meldrum	finance@terrighalsurfclub.com.au
Director of Administration	Wendy Walsh	admin@terrighalsurfclub.com.au

CORONAVIRUS (COVID-19) UPDATES & RESOURCES FOR SLSNSW MEMBERS

TSLS, SLSNSW and SLSA are committed to ensuring the safety and wellbeing of its members. With the current COVID-19 pandemic continuing, SLSNSW feel it is important to provide as much information to you that is relevant in your role as lifesavers, emergency responders, nippers, parents and community members.

Please note that all TSLS activities & events are subject to change due to COVID-19 regulations for 2020-2021

REGISTRATION

Our registrar is Allison Sharkey who can be contacted via registrar@terrigalsurfclub.com.au

Membership is now fully online via the Surf Life Saving Australia Members portal <https://members.sls.com.au>

All members are required to log in and/or create an account to process their membership. This will streamline joining the Surf Club, create less paperwork, keep us COVID-19 safe and allow members control over their accounts.

All members must have their own individual accounts and logins, however these can all be joined as one family group later which will simplify the whole process. If there are any problems with your account, a work ticket can be created to rectify this with the SLSA helpdesk <https://support.sls.com.au/open.php> or call 1300 724 006.

MERCHANDISE

A variety of TSLSC team swimwear is available for purchase directly from Fashion Fish. Orders can be placed directly via Fashion Fish <https://fashionfish.com.au/collections> "Club Shop" page or via the online portal that will soon be available on the Terrigal website <https://terrigalsurfclub.com.au/site/>



COVID -19

TSLSC has implemented a COVID-safe plan that aligns with SLS NSW and NSW Health regulations. This is continuously being monitored and revised. At the present time the plan includes (but is not limited to) sign in/ sign out processes, cleaning processes, hand sanitising and social distancing with implementation of the 4m2 rule etc.

Many TSLSC members (including Board Members and Bar Staff) have completed online training and our COVID Safety Officer is Richard Green who can be contacted on nippers@terrigalsurfclub.com.au Please keep a close eye on Blues News, official social media channels and club notices for updates as procedures are changing frequently.

Terrigal Nippers 2020 – 2021 Season

Terrigal is a medium sized club with around 250 nipper members ranging in ages from Under 6 – Under 14.

Our Sunday Nipper program starts on Sunday 25th October for all age groups.

Due to COVID-19 the nipper Calendar may need to change with very little notice.

If any changes are required, they will be communicated to the age manager and posted on the Nipper's Facebook pages.

Nippers begins at 8:00am sharp for all under 6 & 7, with the remaining age groups to be run at either the 1st or 2nd session.

We ask all nippers to be lined up ready for mark off at the Age Group Flags at their designated times and to leave the at the end of the nipper session.

Please note that a parent or guardian must always be on the beach while their child is participating in Sunday nippers, training and Carnivals. Terrigal Nippers relies heavily on parents volunteering their time to help with the running of Terrigal Nippers and operates under the banner of T.E.A.M. Terrigal - Together Everyone Achieves More.

Our Terrigal Nipper Program could not run without contributions from parents and this season we are continuing our "*Parent Commitment*" requirement for all families who join Terrigal Nippers to ensure the workload required to deliver a high-quality nipper program is shared more equally. Details regarding the "*Parent Commitment*" are on the following pages.

Also attached to this document is a Nippers Calendar. The calendar contains dates for regular Sunday Nippers, Club Championships rounds, Carnivals and Nipper special events. We hope that the season is an enjoyable one for you and your family and look forward to seeing everyone on the beach when the season commences.

Terrigal Nippers has an expectation that every nipper family will contribute to the running of our nipper program. We understand that it is difficult for some families to contribute but feel very strongly about the need to share the workload amongst all families.

The parent commitment requirement does vary depending upon your child's involvement. There is a lesser parent commitment required from Under 6 & 7 families and a greater parent commitment required from families where their nipper competes in carnivals.

Please note that a parent or guardian must always be on the beach while their child is participating in Sunday nippers, training and Carnivals.

Parent Commitments:

Non-competitive Nippers – Nippers who attend Sunday Nippers only

- The minimum parent commitment is **TWO Sunday morning contributions** or **holds a JAC Committee position** per nipper.

Competitive Nippers – Nippers who compete at Carnivals

- The minimum parent commitment is **TWO Sunday morning contributions + TWO carnival contributions** or **holds a JAC Committee position** per nipper.

Note:

Nippers will not be entered into any carnival prior to their parent completing and submitting the parent commitment sheet. This sheet will be emailed to parents by their age managers after the first day of nippers

Championship Parent Commitments

Fulfilling club requirements at the State Championships is always the extremely challenging, especially with one day of competition being conducted on a Friday.

Areas at the State Championship requiring parent contributions include:

1. **Carnival Official.** *(Terrigal must supply 8 officials for 3 days)*
2. **IRB Driver or Crewperson.** *(Terrigal must supply a driver & crewperson for 3 x 5-hour shifts)*
3. **1st Aid Officer.** *(Terrigal must supply 2 Qualified 1st Aid Officers for 1 x 5-hour shift)*
4. **Water Safety.** *(Terrigal must supply 4 Water Safety personnel for 3 x 5 hour shifts)*



NIPPERS (JUNIOR ACTIVITIES)

Nippers at Terrigal is all about providing children with confidence, skills and an understanding of the beach and surf environment. We are highly focussed on providing an environment that is fun, family friendly and focussed on developing each of our nippers throughout the season. Our aim is to give our nippers the skills, training and environment to become excellent lifesavers of the future.

Nippers can start when the child is 5 years old (although the competition age for Nippers is judged by the age the child is on September 30 of the current season). The first two years of Nippers are spent in the Under 7's, the focus here is on fun and games on the beach which teach children basic skills and awareness of where to swim and what help is available from lifesavers.



Nippers from U9's to U14's can compete in local carnivals several times during the season and we encourage children to do so (to test their skills in a new beach environment and enjoy representing their team) but it is not compulsory. Please note that there may be major changes to carnivals in 2020 – 2021 due to COVID-19.

Terrigal also prides itself on our free and extensive club coaching program, with board, surf and beach training available on weekday afternoons, for beginner 9's through to the senior club. Our qualified and experienced coaches will develop your child's skills in these areas.

Nippers run each Sunday depending on weather, conditions, program, helpers etc. Nipper events include a wade, board paddling, swimming, beach, sprinting and beach flags as well as lots of other activities and games designed to teach and improve all surf skills. Our Nippers participate in a progressive SLSA Surf Education program providing them with the skills and knowledge of beach safety rules and basic first aid.

It should be understood that Nippers is a voluntary organisation and is heavily dependant on parent helpers to run successfully. Each Nipper group is managed by an Age Manager (usually a parent who is given training and support) and is assisted by parent helpers and water safety (also parents and others who have completed their SRC or Bronze medallion). It is required that parents assist with beach setup and pack-up and the fundraising BBQ when rostered.

Terrigal Nippers - Coaching 2020-2021

We have been very fortunate to secure several quality coaches for the 2020-2021 season.

Coaching Co-coordinator - Paul Broadbent

Beach Coach – TBC

Water Coaches-

- U14/15s –Paul Broadbent - 4:30pm
 - Wednesday & Fridays
 - Starting 6th October 2020
- U11/12/13 – Dave, Danielle & Rich -4:30pm
 - Tuesday & Fridays
 - Starting 6th October 2020
- Advanced Foam – Emmy & Chloe – 4:30pm
 - Tuesday & Fridays
 - Starting 6th October 2020
- Beginners Foam – Ryan Quick & Chris Hall – 10am
 - Saturday mornings only
 - Starting 1st November 2020

Coaching Program

- The coaching program is open to **every** Terrigal Nipper regardless of experience. Coaching sessions are targeted at developing skills and fitness in preparation for carnivals.
- To participate in coaching sessions nippers **MUST** be financial and have completed the Preliminary Proficiency.
- Nippers new to Terrigal wishing to be involved in Water Coaching are required to attending the **Beginners Water Session** for assessment prior to attending any midweek coaching session.
- Nippers **MUST** wear their high visibility singlet or rashee during training sessions. This is a SLSA safety requirement and nippers will not be allowed to train if they do not have a high visibility singlet.
- All correspondence in relation to coaching is via Paul Broadbent, Coaching Coordinator for the 2020 – 2021 season.

TERRIGAL NIPPERS AGE GROUP DUTY ROSTER

Age Manager:

Childs Name: _____

Shared relatively evenly between girls and boys in the relevant age group allocated that week

Date	BBQ incl set up / pack up (3 x 3 shifts)	Set up (need about 5)	Pack up (need about 5)
DATE	7:30-9am 1. 2. 3. 9-10am 1. 2. 3. 10-11am 1. 2. 3.	1. 2. 3. 4. 5.	1. 2. 3. 4. 5.
DATE	7:30 -9am 1. 2. 3. 9-10am 1. 2. 3. 10-11am 1. 2. 3.	1. 2. 3. 4. 5.	1. 2. 3. 4. 5.

Date	Location	Water Safety	Officiating (need ratio of 1:8 based on number of children competing)
1 st Nov 2020	TBC		
29 th Nov 2020	TBC		
17 th Jan 2021	TBC		
31 st Jan 2021	TBC		

Terrigal SLSC Nipper Calendar 2020-2021

Due to COVID-19, the Nipper Calendar may need to change with very little notice.
If any changes are required they will be communicated by Age Managers and posted on the Nipper Facebook page

- Under 6 & 7 Nippers will take place each week 8:00am – 8:45am

Date	Event / Program	Session 1 9:00 – 10:30	Session 2 11:00 – 12:30	Beach Set up & BBQ	Beach Pack Up & BBQ
Sat 17.10.2020	U14 – Masters Carnival - venue TBC				
Sun 25.10.2020	Nippers Commence - Proficiency swims	U8, U10, U12, U14	U9, U11, U13	U14	U9
Sun 1/11/2020	SLSC U12-13 only Carnival – venue TBC				
Sun 8/11/2020	Skills Day - Club Captain speeches	U9, U11, U13	U8, U10, U12, U14	U13	U8
Sun 15/11/2020	Club Championships – Round 1	U8, U10, U12, U14	U9, U11, U13	U12	U11
Sun 22/11/2020	Skills Day	U9, U11, U13	U8, U10, U12, U14	U11	U10
Sun 29/11/2020	SLSC Carnival U9-U10 only (am) SLSC Carnival U11 only (pm)– venue TBC				
Sat 5/12/2020	U14 – Masters Carnival - venue TBC				
Sun 6/12/2020	Skills Day	U8, U10, U12, U14	U9, U11, U13	U10	U9
Sun 13/12/2020	Rescue Day	U9, U11, U13	U8, U10, U12, U14	U9	U14
Sun 20/12/2020	Christmas. Twilight Nippers 3-5pm	U8, U10, U12, U14	U9, U11, U13	U8	U13
Sun 27/01/2020	Christmas Break – No Nippers				
Sun 3/01/2021	Christmas Break – No Nippers				
Sun 10/01/2021	Skills Day	U9, U11, U13	U8, U10, U12, U14	U11	U12
Sun 17/01/2021	SLSC Carnival - Venue TBC				
Sun 24/01/2021	Club Championships - Round 2	U8, U10, U12, U14	U9, U11, U13	U14	U11
Sun 31/01/2021	Branch Championships				
Sun 7/02/2021	Fun Day / Colour Run	U9, U11, U13	U8, U10, U12, U14	U9	U8
Sun 14/02/2021	Club Championships – Round 3	U9, U11, U13	U8, U10, U12, U14	U13	U10
Sun 21/02/2021	Last day of nippers - U6 & U7 Presentation	U8, U10, U12, U14	U9, U11, U13	U12	U13
Fri 26/2 – Sun28/2	NSW Championships - Swansea Belmont				

Other Competition events and dates

- Sat 24 October U12-Open Interbranch Selection Carnival
- Sat 14 November Newcastle Permanent Ironperson Series Round 1
- Sat 12 December Newcastle Permanent Ironperson Series Round 2